

## Smile Makeovers Explained...

#### What impact does your smile have on your life?

Are you unhappy with your smile?

Do you want to change your smile to improve the colour, shape or length of your teeth?

Or change the appearance of your gums or lips to give your overall smile a more appealing look?



A recent survey revealed that:

- Over 75% of people don't feel confident to smile in a photograph.
- Over 45% of people make judgements about people by the look of their smile.
- Over 75% of people think that a beautiful smile helps people psychologically.
- Over 65% of people think that an attractive smile helps romantically.

#### What is a smile makeover?

A smile makeover involves one or more cosmetic, dental or facial rejuvenation procedures to improve the aesthetics of your smile.

A smile makeover to one person could mean something completely different to another, and it is a very individual choice. For example, some people want the perfectly white Hollywood smile makeover, or the



celebrity smile with pearly white porcelain veneers. Other people may just want a simple improvement, such as the replacement of silver fillings with White ones and teeth whitening.

### How can a smile makeover improve my smile?

Whatever the reasons for your dissatisfaction with your smile, there are many different ways in which you can improve your smile using modern cosmetic dentistry:



Crooked teeth can be straightened with Invisible braces or conventional braces. They can also be covered with porcelain veneers for a faster solution. In this situation, the main disadvantage is that your teeth need to be prepared for veneers.



Chipped, broken teeth can be repaired - the treatment will depend on the extent of damage, but the options include cosmetic bonding, porcelain veneers or porcelain crowns.





Missing teeth can be replaced - gaps between your teeth can cause functional problems as well as being unsightly. Often, a smile makeover involves the replacement of existing

restorations or gaps between teeth. Solutions include dental implants, a dental bridge or a denture.





Gaps between your teeth can be closed to give your smile a more even look. This can be achieved instantly with porcelain veneers, Composite resin bonding techniques & invisible braces.





If you have a gummy smile, this can easily be remedied by our laser gum contouring.



If you are not satisfied with the colour of your teeth, or if you have badly stained teeth, they can be treated with prophyflex cleaning or professional teeth whitening.

The end result of a smile makeover for many people is a smile to be proud of, one that is straight, white and perfectly aligned.



#### How much does a smile makeover cost?

#### This will depend on many factors:

The treatment required.

The skill of your cosmetic dentists.

The clinic where the treatment is carried out.

The quality of materials used for your work.

A smile makeover can cost from as little as £1,000 for a simple smile improvement, to £20,000+ for a complete smile reconstruction.



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